

# CANASTOTA MUNICIPAL POOL SWIM LESSONS

SESSION #1: Monday June 27, 2022 - Friday July 15, 2022

SESSION #2: Monday July 18, 2022 - Friday August 5, 2022

MORNING LESSONS	HOURS	LEVEL	DAYS
	9:30 – 10:00	Level 5 & 6 Adult Lap Swim	M - F M - F
	10:05 - 10:35	Level 1 & 2 Level 4	M - F M - F
	10:40 - 11:10	Level 1 & 2 Level 3	M - F M - F
	11:15 - 11:45	Level 1 & 2 Level 4	M - F M - F
	11:50 - 12:20	Level 1 & 2 Level 3	M - F M - F
	12:25 - 12:55	Adult Lap Swim	M - F



## AMERICAN RED CROSS LIFEGUARD TRAINING CLASS - (MINIMUM AGE 15 YEARS)

Pre-Test: August 6 (11:00 AM); Classes run August 8 - 14 (8:00 AM - 12:00 PM)

FEE: \$110.00